



FOR IMMEDIATE RELEASE

## Transform Your Life By Standing In Your Truth

Bronx, NY -- "We must all learn to focus on the good in every situation. When we pay attention to the lessons, our challenges are designed to teach us. Eventually we learn to find positive solutions to our daily struggles." -Meosha Williams

***Life Works: A Personal Story of Resurrection and Transformation***, is a non-fiction autobiography designed to help readers overcome their personal, parental and professional challenges, one story at a time. The expertise, personal trials and tribulations, insight, and ability to empower others will serve as a valuable resource for self care, character building and personal transformation. It is the authors hope that this book will provide every reader with the necessary tools to positively shape their lives.

**Meosha Williams** comes of age in the Bronx, NY, experiencing lessons that many take a lifetime to encounter. As she matures, she learns to overcome poverty, abuse and all the difficulties that find their way to her address. The reader will be empowered, fascinated and committed to complete the narrative in order to apply many of the problematic solutions to their own lives.

Meosha has a BA in American Urban Studies and a Masters in Education. She has also completed certification in Parent Coaching. During the formal part of her career, Meosha taught student with disabilities for five years. She used real life experiences to help bring alive the dreams of all her students within her tutelage. In addition to the academic support, Meosha provided emotional support and life skills development to her students, their parents and other community members.

With unwavering determination to reach a larger audience, Meosha later transitioned from teaching in order to become a certified Parent Coach (through the Parent Coach Institution). Eventually, she combined all of her skills, talents, community involvement and professional credentials to publish her first book, and establish Life Works Academy. "Life works, when we do the work from within; trust the process!" -Meosha Williams

Meosha will be staging book signings and readings throughout the United States through the summer of 2018. For dates and times, contact Divine at (240) 646--2328 or [info@lifeworksacademy.org](mailto:info@lifeworksacademy.org) and follow Meosha and Life Works Academy on Facebook and Instagram or visit [www.lifeworksacademy.org](http://www.lifeworksacademy.org). Join Meosha as she shows you how resurrection leads to transformation!

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